

## WHAT WE DO IN PE...

**All students participate in PE  
in ScoiluiMhuiri**

*Junior Cycle Physical Education  
Students will learn the following  
Performance, Participation &  
Appreciation of physical activity  
through sports including:*

**Aquatics**

**Athletics**

**Adventure Activities**

**Net & Fielding Games**

**Invasion Games**

**Gymnastics**

**Dance**

*Senior Cycle PE*

*The senior cycle curriculum is  
designed to encourage active  
participation in physical activity  
through various curriculum models*

## PE TRIPS



# PHYSICAL EDUCATION

PE Department Teachers:

Ms.Byrne

Mr.Coombes

Mr.McGrane

## Leaving Cert PE

Students can choose to study PE for Leaving Cert as an option subject in 5th & 6th Year. Assessment includes:

- 20% - physical activity project
- 30% - performance assessment
- 50% -written exam

## LCA Leisure & Recreation

LCA complete the following modules to earn credits over their two years of physical education:

- Physical Activity for Performance
- Physical Activity for Health & Fitness
- Physical Activity for Leisure & Recreation

## Physical Education & Well-being



## Extra Curricular Sports



## Active Schools Week

